

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option1	Macaroni cheese served with garlic bread and seasonal vegetables	Oven baked chicken sausages and gravy served with olive oil mash potato and seasonal vegetables	Jerk chicken and gravy served with rice and peas and seasonal vegetable	Mexican beef picadillo served with coconut rice and seasonal vegetables	Fish Fingers served with chips, seasonal vegetables or baked beans
Option 2 Vegetarian	Vegan Sausage roll served with garlic bread and seasonal vegetables	Thick pea mince bolognaise served with olive oil mash potato and seasonal vegetables	Quorn Korma served with Rice and peas and seasonal vegetable	Pizza margherita served with mixed salad and seasonal vegetables	Potato and onion cheese pie served with salad seasonal vegetables or baked beans
Option 3	Baked Potato served with baked beans and cheese or tuna and mayonnaise and seasonal vegetables	Gluten free salmon fish fingers served with olive oil mash potato and seasonal vegetables	Wholemeal cheese sandwich served with tortilla chips and seasonal vegetables	Vegan oven baked sausages served with coconut rice and seasonal vegetables	Baked Potato served with baked beans and cheese or tuna and mayonnaise and seasonal vegetables
Unlimited	Home made bread, Mixed leaf salad, Tomato, Cucumber, Coleslaw, Grated Carrots and daily salad selection. Fruit selection	Home made bread, Mixed leaf salad, Tomato, Cucumber, Coleslaw, Grated Carrots and daily salad selection Fruit selection	Home made bread, Mixed leaf salad, Tomato, Cucumber, Coleslaw, Grated Carrots and daily salad selection. Fruit selection	Home made bread, Mixed leaf salad, Tomato, Cucumber, Coleslaw, Grated Carrots and daily salad selection Fruit selection	Home made bread, Mixed leaf salad, Tomato, Cucumber, Coleslaw, Grated Carrots and daily salad selection Fruit selection
Extras	Yoghurt Cheese and crackers Chef dessert	Yoghurt Cheese and crackers	Yoghurt Cheese and crackers Chef dessert	Yoghurt Cheese and crackers	Yoghurt Cheese and crackers Chef dessert

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Tomato and basil penne pasta served with garlic bread and seasonal vegetables	Beef wrap served with guacamole Mexican rice or steamed rice and seasonal vegetables	Peri peri roast chicken served with roast potatoes, Yorkshire pudding, seasonal vegetables and gravy	Lamb dansak served with steamed rice, naan bread and seasonal vegetables	Battered haddock served with chips, seasonal vegetables or baked beans
Option 2 Vegetarian	Vegan chicken less paprikash served with penne pasta, garlic bread and seasonal vegetables	Three no meat casserole served with Mexican rice or steamed rice and seasonal vegetables	Spinach and ricotta stuffed peppers served with roast potatoes, Yorkshire pudding, seasonal vegetables	Pizza margherita served with mixed salad and seasonal vegetables	Spring vegetable frittata served with chips, seasonal vegetables or baked beans
Option 3	Baked Potato with cheese and baked beans or tuna and mayonnaise served with seasonal vegetables	Vegan nuggets served with Mexican rice or steamed rice and seasonal vegetables	Whole meal sandwich with tuna and mayonnaise, tortilla chips and seasonal vegetables	Vegan fillet ratatouille served with steamed rice and seasonal vegetables	Baked Potato with cheese and baked beans or tuna and mayonnaise served with seasonal vegetables
Unlimited	Home made bread, Mixed leaf salad, Tomato, Cucumber, Coleslaw, Grated Carrots and daily salad selection. Fruit selection	Home made bread, Mixed leaf salad, Tomato, Cucumber, Coleslaw, Grated Carrots and daily salad selection Fruit selection	Home made bread, Mixed leaf salad, Tomato, Cucumber, Coleslaw, Grated Carrots and daily salad selection. Fruit selection	Home made bread, Mixed leaf salad, Tomato, Cucumber, Coleslaw, Grated Carrots and daily salad selection Fruit selection	Home made bread, Mixed leaf salad, Tomato, Cucumber, Coleslaw, Grated Carrots and daily salad selection Fruit selection
Extras	Yoghurt Cheese and crackers Chef dessert	Yoghurt Cheese and crackers	Yoghurt Cheese and crackers Chef dessert	Yoghurt Cheese and crackers	Yoghurt Cheese and crackers Chef dessert

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Tomato and basil sauce served with fusilli pasta garlic bread and seasonal vegetables	Open chicken burger, served with curly fries or steamed rice and seasonal vegetables	Traditional roast chicken served with gravy, Yorkshire pudding herbs roast potatoes and seasonal vegetables	Chilli con carne served with Steamed rice or nachos, guacamole, vegan cheese and seasonal vegetables	Fish finger, served with chips, seasonal vegetables or baked beans
Option2 Vegetarian	Creamy vegan chicken strips served with fusilli pasta garlic bread and seasonal vegetables	Quorn lasagna served with salad seasonal vegetables	Roast vegan cutlet served with Yorkshire pudding herbs roast potatoes and seasonal vegetables	Pizza margherita served with mixed leaf salad and seasonal vegetables	Courgettes basil and cheese tart served with chips, seasonal vegetables or baked beans
Option 3	Baked Potato served with baked beans and cheese or tuna and mayonnaise and steamed vegetables	Gluten free bubble salmon served with steamed rice or curly fries and seasonal vegetables	Gluten free vegetable goujon served with gravy, Yorkshire pudding herbs roast potatoes and seasonal vegetables	Egg and mayonnaise sandwich served with nachos and seasonal vegetables	Baked Potato served with baked beans and cheese or tuna and mayonnaise and steamed vegetables
Unlimited	Home made bread, Mixed leaf salad, Tomato, Cucumber, Coleslaw, Grated Carrots and daily salad selection. Fruit selection	Home made bread, Mixed leaf salad, Tomato, Cucumber, Coleslaw, Grated Carrots and daily salad selection Fruit selection	Home made bread, Mixed leaf salad, Tomato, Cucumber, Coleslaw, Grated Carrots and daily salad selection. Fruit selection	Home made bread, Mixed leaf salad, Tomato, Cucumber, Coleslaw, Grated Carrots and daily salad selection Fruit selection	Home made bread, Mixed leaf salad, Tomato, Cucumber, Coleslaw, Grated Carrots and daily salad selection Fruit selection
Extras	Yoghurt Cheese and crackers Chef dessert	Yoghurt Cheese and crackers	Yoghurt Cheese and crackers Chef dessert	Yoghurt Cheese and crackers	Yoghurt Cheese and crackers Chef dessert