

Plan for PESP Budget allocation 2023-2024

| Overview of PE and Sports Premium Grant received | |
|--|---------|
| Total number of learners | 127 |
| Amount of PESP | £16,000 |
| School population (Y1 – 6) - £10 per learner | 33 |
| Total amount of PESP received | £16 330 |

Below is the breakdown record of PE & Sports Premium Grant spending per project/item. The number in the first column links to the table above to help identify where the support has been allocated. Please note this is subject to change depending on the needs of the pupils which is monitored closely throughout the year.

| Area of expenditure | Actions | Impact |
|--|--|--|
| <p><i>Install a new outdoor gym area that pupils are able to use during curriculum times and breaktimes</i></p> <p>£13,000</p> | <ul style="list-style-type: none"> • Contact at least 3 companies to get competitive quotes • Check with site team about when to install • Ensure playground and surrounding areas are safe in preparation for installation | <ul style="list-style-type: none"> • Inclusive Physical Activity: The outdoor gym promotes inclusive physical activity, catering to a range of abilities and needs among the learners. It provides a platform for students to engage in exercise in a manner that suits their individual capabilities, fostering a sense of achievement and physical well-being for all. • Sensory Stimulation: Outdoor environments stimulate the senses, and the gym area offers a multisensory experience. This is particularly beneficial for learners with sensory processing challenges, as exposure to varied sensory stimuli can enhance cognitive processing, attention, and overall sensory integration. • Improved Concentration and Learning: Regular physical activity has been shown to enhance cognitive functions, including attention and memory. By incorporating the outdoor gym into the daily routine, students can experience improved concentration and, consequently, enhanced learning outcomes in the classroom. • Social Interaction and Communication Skills: The gym area serves as a communal space where students can engage in collaborative activities, fostering social interaction and the development of crucial communication skills. For SEN learners, who may face challenges in social situations, this environment provides a structured yet informal setting to practice and enhance their social abilities. |



| | | |
|---|---|--|
| | | <ul style="list-style-type: none">• Emotional Well-being: Physical exercise is linked to the release of endorphins, promoting positive emotions and reducing stress and anxiety. For learners in an SEN setting, where emotional well-being is of paramount importance, the outdoor gym becomes a therapeutic space that contributes to a positive and supportive school environment.• Promoting Healthy Lifestyles: Instilling healthy habits from a young age is crucial. The outdoor gym introduces the concept of regular physical activity as a norm, encouraging students to adopt a healthy lifestyle that can extend beyond their school years.• Personalised Learning Opportunities: The outdoor gym can be adapted to accommodate individualised learning plans, allowing for tailored physical activities that address specific needs or therapeutic goals of each learner. This personalisation is integral in an SEN setting where individualised approaches to education are fundamental. |
| <p><i>Taster sessions where pupils can increase their experiences in sports they may not be familiar with</i></p> <p>£3,000</p> | <ul style="list-style-type: none">• Contact companies about delivering inclusive sessions around: fencing, multi sports, boccia, sensory journeys | <ul style="list-style-type: none">• Inclusive Participation: Taster sessions create an inclusive environment where learners of all abilities can explore and engage in sports they may not be familiar with. This inclusivity promotes a sense of belonging, encouraging all students to participate and discover their own physical capabilities.• Diversification of Skills: Exposure to a variety of sports through taster sessions allows students to diversify their skill set. This not only enhances their physical abilities but also provides a platform for the discovery of individual talents and interests that may not have been apparent in more traditional activities.• Boosting Confidence and Self-Esteem: Successfully trying out new sports can significantly boost a student's confidence and self-esteem. For learners in an SEN setting, where self-confidence may be a developmental focus, these sessions offer a supportive and encouraging environment for personal growth and achievement.• Enhanced Physical Literacy: Taster sessions contribute to the development of physical literacy by introducing students to fundamental movement skills across various sports. This holistic approach is particularly beneficial for |



| | | |
|--|--|--|
| | | <p>learners with diverse needs, providing a foundation for a lifelong appreciation of physical activity.</p> <ul style="list-style-type: none">• Social Interaction and Team Building: Participating in taster sessions encourages social interaction and team building. Students learn to collaborate, communicate, and work together towards a common goal, fostering essential social skills that extend beyond the sports arena.• Personalised Learning Opportunities: Taster sessions can be tailored to accommodate individual learning styles and preferences, ensuring that each student has the opportunity to engage meaningfully. This personalised approach is fundamental in an SEN context, where individual needs and strengths vary widely.• Cultivating a Positive Attitude Towards Physical Activity: Exposure to a range of sports helps cultivate a positive attitude towards physical activity. By making sports exploration enjoyable and accessible, learners are more likely to develop a lifelong commitment to maintaining an active and healthy lifestyle. |
|--|--|--|

Year 6

How many pupils within our year 6 cohort can do each of the following:

| | |
|--|------------------|
| Cohort size | 7 |
| Swim competently, confidently and proficiently over a distance of at least 25 metres | Under assessment |
| Use a range of strokes effectively | Under assessment |
| Perform safe self-rescue in different water-based situations | Under assessment |