

Message from the Head teacher:

Hello everyone,

I hope you all had a restful half-term break.

What a busy week it has been here, we have been learning all about Bonfire Night and Diwali.

The autumn weather is getting much colder, therefore please can we remind you to send in winter clothing such as a warm jacket, hat, scarf and gloves labelled with your child's name.

Have a fantastic weekend all!

Mary Bickmore,
Head Teacher



Message from the Deputy Head:

Dear All,

Wishing a very happy Diwali to all celebrating today!



I hope that you all have fun enjoying the fireworks for Guy Fawkes Night this weekend.

Please keep safe and remember the 'Firework Code'.

Hazel Class

In BTEC life and living skills Hazel class worked with clay to create food for a king's banquet. Hazel class researched which foods were eaten at a king's banquet in 1800's.



Firework Code

1. Only adults should light and hold fireworks.
2. Stand well back when watching fireworks and bonfires.
3. Never approach a firework that has not gone off or is used.
4. Enjoy sparklers safely by wearing gloves and holding them at arms length.
5. When a sparkler goes out put it straight into a bucket of water.
6. Keep your pets safely indoors.
7. Have a great time!

Laura Clements
Deputy Head

Remembrance Day - 11th November

We have Poppies available for a donation.

There are also poppy accessories available for the students as detailed below....



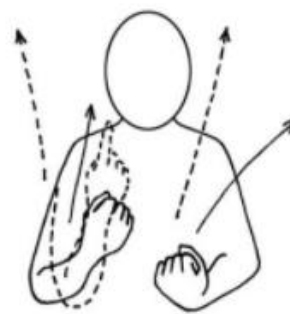
Elder Class

Elder class enjoyed making blow paint art to celebrate Diwali and Firework night.



Makaton Sign of the Week

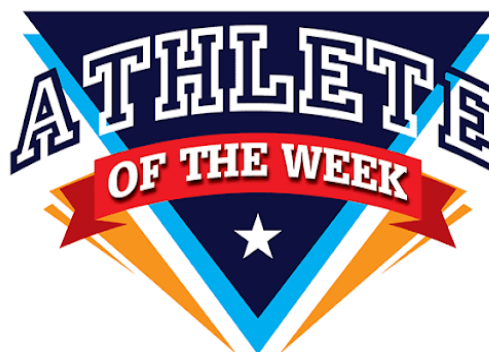
This week's sign of the week is... 'Fireworks'



fireworks

Athlete of the Week

Athlete of the week this week is Chrissy in Maple Class! Chrissy always brings her P.E kit and puts so much effort and energy into P.E lessons. This week, Chrissy impressed staff and her peers by throwing a javelin at a target and running as fast as she could. Well done Chrissy!



Evidence for Learning – EFL

A gentle reminder...

Please log into Evidence for Learning 'EFL' – the communication platform between parent/teachers.

All new parents will receive an email for set up. If you have any issues logging on, please do email us and we will be happy to help:
limeacademyforestapproach.office@limetrust.org

Zuzanna Gromska, our Assistant Head Teacher, will be running drop-in sessions to support parents to use EFL every Thursday between 3.30pm – 5pm.



National Online Safety

Lunch – Week 2

What Parents & Carers Need to Know about SNAPCHAT

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children. Should they feel it's needed, this guide focuses on one app of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, facts and tips for adults.

CONNECTING WITH STRANGERS
Even if your child only connects on the app with people they know, they may still receive friend requests from strangers. Snapchat's links with apps such as TikTok and Instagram have increased this possibility. Accepting a request means that children are then disclosing personal information through the story, Spotlight and Spotlight features. This could allow predators to gain their trust for sinister purposes.

EXCESSIVE USE
There are many features that are addictive to children. The features used to group content are determined by the post, so an incorrect search term could still yield age-inappropriate results. The app's Discover function lets users swipe through snippets of news stories and trending articles that often include adult content. There is currently no way to turn off this feature.

INAPPROPRIATE CONTENT
Some videos and posts on Snapchat are not suitable for children. The hashtags used to group content are determined by the post, so an incorrect search term could still yield age-inappropriate results. The app's Discover function lets users swipe through snippets of news stories and trending articles that often include adult content. There is currently no way to turn off this feature.

SEXING
Sexing continues to be a risk associated with Snapchat. The app's 'disappearing messages' feature makes it easy for young people to consent on impulse. While these pictures disappear, they are not deleted. If it has been screenshotted first – users have found alternative methods to save images, such as taking pictures with a separate device.

DAMAGE TO CONFIDENCE
Snapchat's filters and lenses are a popular way for users to enhance their 'selfie game' although many are designed to entertain or amuse, the 'beauty' filters on photos can set unrealistic body image expectations and create feelings of inadequacy. Comparing themselves unfavourably against other Snapchat users could threaten a child's confidence or sense of self-worth.

VISIBLE LOCATION
My Places lets users check in and search for popular spots nearby – such as restaurants, parks or shopping centres – and recommend them to their friends. The potential issue with a young person consistently checking into locations on Snapchat is that it gives other users in their friends list (even people they have only ever met online) to see where they currently are and where they regularly go.

Advice for Parents & Carers

TURN OFF QUICK ADD
The Quick Add function helps people find each other on the app. This function works based on mutual friends or whether someone's number is in your child's contacts list. Explain to your child that this feature could potentially make their profile visible to strangers. We recommend that your child turns off Quick Add, which can be done in the settings (accessed via the cog icon).

CHOOSE GOOD CONNECTIONS
Snapchat has recently announced that it is rolling out a new safety feature: users will receive notifications reminding them of the importance of maintaining connections with people they actually know well, as opposed to strangers. The 'Friend Check Up' encourages users to delete connections with users they rarely communicate with, to maintain their online safety and privacy.

TALK ABOUT SEXING
It may feel like an awkward conversation (and one that young people can be reluctant to have) but it is important to talk openly and non-judgmentally about sexting. Discuss the legal implications of sending, receiving or sharing explicit images, as well as the possible emotional impact. Emphasise that your child should never feel pressured into sexting – and that if they receive unwanted explicit images, they should tell a trusted adult straight away.

KEEP ACCOUNTS PRIVATE
Profiles are private by default, but children may make them public to gain more followers. Your child can send snaps directly to friends, but stories are visible to everyone they have added, unless they change the settings. If they use Snap Maps, their location is visible unless 'Ghost Mode' is enabled (again via settings). It's prudent to emphasise the importance of not adding people they don't know in real life. This is particularly important with the addition of 'My Places', which allows other Snapchatters to see the places your child regularly visits and checks in, restaurants, buildings and landmarks could use this information to engage in conversation and arrange to meet in person.

BE READY TO BLOCK AND REPORT
If a stranger does connect with your child on Snapchat and begins to make them feel uncomfortable through bullying, pressure to send explicit images or sending explicit images to them, your child can select the three dots on their person's profile and choose report or block. There are options to state why they are reporting that user (harassing or malicious messages, spam, or masquerading as someone else, for example).

CHAT ABOUT CONTENT
Talk to your child about what is and isn't wise to share on Snapchat (e.g. don't post explicit images or videos or display identifiable details like their school uniform). Remind them that once something is online, the creator loses control over where it might end up – and who with. Additionally, Snapchat's 'Spotlight' feature has a #challenge like TikTok. It's vital that your child understands the potentially harmful consequences of taking part in these challenges.

Meet Our Expert
Dr Claire Buchanan is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written national government papers and carried out research for the Australian government comparing the use and safety behaviour of young people in the UK, USA and Australia.

NOS National Online Safety
#WakeUpWednesday

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Users of this guide do so at their own discretion. No liability is accepted for the date of release: 03.11.2022

Mon	<p>Fish Fillet Burger Vegetable Spring roll (V) Potato Dippers, Pasta Sweetcorn, Pea, Salad Iced Smoothie, Fresh fruit, Fat free yoghurt, Cheese & Crackers</p>
Tues	<p>Chicken Nuggets Wraps (Cheese/Tuna) (V) Wedges, Pasta Mixed Veg, Salad Blueberry Cake, Fresh Fruit, Far free yoghurt, Cheese & Crackers</p>
Wed	<p>Pepperoni Pizza Vegetable fingers (V) Curly Fries, Pasta Green Beans, Cauliflower. Salad Strawberry/Vanilla Mouse, Fresh Fruit, Fat free yoghurt, Cheese & Crackers</p>
Thurs	<p>Jerk Chicken Mac and Cheese (V) Cajun diced potatoes, Rice Peas, Carrots, Salad Pancake & strawberry sauce, Fresh fruit, Fat free yoghurt, Cheese & Crackers</p>
Fri	<p>Fish Fingers Sweet & Sour Stir fry (V) Oven chips, Rice Peas, Carrots, Salad Raspberry Ripple Ice cream, Fresh fruit, Fat free Yoghurt, Cheese & Crackers</p>