

LIZELLE KEYSER

Paediatric Occupational Therapist

Dear Parents,

I'm an Occupational Therapist working at the Forest Approach Academy School. This term I will be attending the school for one day/week.

Children's Occupational Therapy can help children with various needs improve their physical, sensory, and motor skills and enhance their self-esteem and sense of accomplishment. At school, I will spend time finding out about the child's typical daily life and what they want, need, and are expected to do. I will then work together with the child, family and other key people (such as teachers and teaching assistants) to evaluate what helps and hinders their involvement in daily life roles at school. Together, possible solutions will be developed, such as exploring alternative ways of doing things and making changes to the environment to support participation.

The School's Occupational Therapy programme includes (but not inclusive):

- ✓ Sensory Processing: The aim with sensory processing difficulties are to provide intervention, strategies and adaptations in the environment to help the pupil self-regulate, to be able to be more alert and participating in the environment.
- ✓ Motor skill activities to develop gross motor skills, hand skills and handwriting.
- ✓ Self-care: Strategies to improve independence in self-care such as eating, dressing or toileting.

With your consent I will liaise with other professionals at school, to best support your child. Such professionals might include the class teacher, school nurse, speech and language therapist, paediatrician, or educational psychologist (list not inclusive), depending on the reason for the referral. I will always get prior parental consent if onward referrals are made to other professionals or agencies.

All reports and programs written for a student, will be provided to the parents via the home-school book on completion.

As an independent Occupational Therapist, I'm registered with the ICO (Data Protection Service) who ensure that I keep all my records in a confidential and secure manner. I keep electronic records and reports which are password protected. I'm registered with the HCPC (Health & Care Professions Council) and follow the standards as set in the "Professional Standards for Occupational Therapy Practice". I'm also a member of the British Royal College of Occupational Therapists.

Please do not hesitate to phone or email me if you have any questions or concerns; or want to enquire further about any of the above information.

Kind regards,

Lizelle Keyser

Independent Occupational Therapist

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