

## WHAT IS NEWS?

### News & Articles

Toileting and Sensory Processing. Also have a look at the Development checklist for Toilet readiness. Some great strategies to try.

<https://www.missjaimeot.com/toileting-sensory/#comment-387>

Autism Speaks: Seven toilet training tips to help nonverbal kids with autism. The Toileting training toolkit (attached in the article) is very handy for parents and teachers alike.

<https://www.autismspeaks.org/expert-opinion/seven-toilet-training-tips-help-nonverbal-kids-autism>

National Autistic Society: Potty training - also check out the question: Whether to teach a boy to sit or stand to urinate?

<https://www.autism.org.uk/about/health/toilet-training.aspx##boys>

ERIC: Flowchart to toilet training

<https://www.eric.org.uk/flowchart-toilet-training>

ERIC: Signs of constipation

<https://www.eric.org.uk/signs-of-constipation>

ERIC: Children who will only poo in a nappy and other toilet avoiders

<https://www.eric.org.uk/pdf-children-who-will-only-poo-in-a-nappy>

National Autistic Society: Smearing

<https://www.autism.org.uk/about/behaviour/challenging-behaviour/smearing.aspx>

ERIC: Smearing

<https://www.eric.org.uk/pdf-smearing>

A solution to poo smearing

<https://specialkids.company/blogs/latest-news/44263747-specialkids-company-reveals-a-solution-to-poo-smearing>

It happens: Fecal smearing in individuals with ASD

<https://autismawarenesscentre.com/it-happens-fecal-smearing-in-individuals-with-asd/>

### Visuals & Social stories

Twinkl: Twinkl.co.uk has a variety of toileting posters and visuals, here are just a few.

<https://www.twinkl.co.uk/resource/t-c-124-visual-timetable-using-the-toilet> (boys routine)

<https://www.twinkl.co.uk/resource/t-c-128-visual-timetable-using-the-toilet---girls> (girls routine)

<https://www.twinkl.co.uk/resource/t-c-606-toilet-procedure-poster> (poster)

<https://www.twinkl.co.uk/resource/potty-training-first-then-visual-reward-chart-us-he-15> (reward chart)

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Able2learn: Website with free visuals and social stories. You will need to 'buy' them to be able to download, but they are all for free. Some examples I can poop in the toilet social story, My bathroom chart package, My bathroom rewards chart, My potty chart, My goal chart, My washroom story, PECS - toileting and Toilet paper reminder card.

[https://able2learn.com/search.php?search\\_query=toilet&section=product](https://able2learn.com/search.php?search_query=toilet&section=product)

Autism Little Learners: Another great visual sequence for toileting

<https://www.autismlittlelearners.com/2020/06/free-toileting-sequence.html>

### **Books**

Amazon have lots of toileting books for kids

[https://www.amazon.co.uk/s?k=Best&rh=n%3A15512175031&ref=nb\\_sb\\_noss](https://www.amazon.co.uk/s?k=Best&rh=n%3A15512175031&ref=nb_sb_noss)

ERIC: Books for all ages

<https://www.eric.org.uk/pages/shop/department/books?dept=books>

### **Products**

Toilet target stickers for boys

<https://www.amazon.co.uk/Toilet-Thingies-Stickers-Transparent-Material/dp/B00V3KELNS>

ERIC: Bowel and Bladder charity shop - products such as bedwetting alarms, clothing, bedding protections and vibrating watches

<https://www.eric.org.uk/Pages/Shop/Default.aspx>

Brolly Sheet car seat protector

<https://www.eric.org.uk/shop/brolly-sheet-car-seat-protector-navy-blue>

Body stockings

<https://abenaonline.co.uk/collections/fixation-bodystocking>

Fledglings: Variety of toileting and continence items

<https://fledglings.org.uk/collections/bedtime-toilet-training-continence>

Fledglings: Larger size popper vests and onesies

<https://fledglings.org.uk/collections/popper-vests-sleepwear>

KCsleepsuits

<https://www.shop.kcsleepsuits.co.uk/>

WobL vibrating reminder watch for children

<https://www.amazon.co.uk/WobL-Watch-Childrens-Vibrating-Reminder/dp/B00HFRA68>

NRS Healthcare: Adjustable bath step

<https://www.nrshealthcare.co.uk/bathroom-aids/bath-step/nuvo-adjustable-bath-step>

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Living Made Easy: Toilet training seats and other toileting products

<https://www.livingmadeeasy.org.uk/children/trainer-toilet-seats-2893-p/>

Smirthwaite Potty combi chair

<https://www.smirthwaite.co.uk/product/combi/>

### **Apps**

Potty time with Elmo

<https://apps.apple.com/us/app/potty-time-with-elmo/id525507410>

Poo goes home to Pooland App (free download)

<https://web.nrw.nhs.uk/poo/>

### **Websites of Interest**

Victorian Continence resource centre: Brilliant parent resources, especially the parenting guides and visuals

<https://continencevictoria.org.au/resources/children/>

Bladder & Bowel UK

<https://www.bbuk.org.uk/children-young-people/children-resources/>

ERIC: Bowel and Bladder charity. They have lots of fact sheets, incontinence pathways and advice on bowel and bladder control.

<https://www.eric.org.uk/factsheets>

### **Activity ideas**

Let's talk about poo online game:

<http://letstalkaboutpoo.eric.org.uk/>

ERIC: Kids stuff - videos and potty songs for kids (for younger and older kids)

<https://www.eric.org.uk/videos-about-wee-and-poo>

Teach kids to wipe: The peanut butter activity is great for this.

<https://www.grinningcheektocheek.com/teach-kids-to-wipe>

### **Any other interesting bits....**

Another interesting way to teach children to wipe their bottoms

<https://youtu.be/kU7nGr0vi4o>

Please do not hesitate to contact me if you require any further advice or have questions.

Kind regards,

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Date: July 2020

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