

Forest Approach News

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Message from the Head teacher:

Hello everyone,

It has been wonderful to see our students going swimming and visiting the manor.

Elm Class are busy fundraising and this week have been making and selling reusable bags. These have been very well received. Thank you, they look amazing!



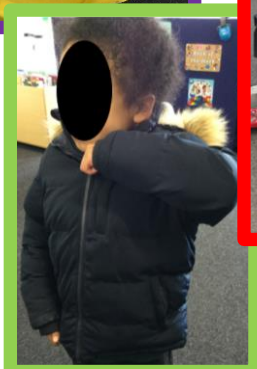
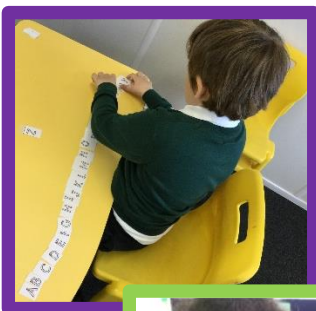
Have a great weekend.

Mary Bickmore,
Head Teacher

Acorn Class

This week in Acorn Class we have been learning about Heroes and Villains. We made our own superhero cone hats and practiced our superhero handwriting! We have enjoyed time outside with Andria, where we have been learning to ride bikes safely.

All Acorn pupils have worked very hard on their individual targets this week, so on Friday we had golden time. Pupils could dress up, paint and choose what we wanted to play with.



Message from the Deputy Head:

Dear All,
Wishing all celebrating Eid this week 'Eid Mubarak!'

We have been super busy here at Forest Approach and the week has flown by.

Have a look below for some of the fantastic learning that has been taking place.

Enjoy the weekend!

Laura Clements

Deputy Head



Elm Class



Elm class are encouraging everyone to **REDUCE, REUSE, RECYCLE!**

We have been making reusable bags and selling them around the school for £2.

All money raised will go towards new recycling initiatives in school.



Makaton 'Sign of the Week'

This week's sign of the week is... Eid!

Check out twitter for Sam's Makaton clips



Eid

EID
عيد

Start with clenched fist and thumb pointing into left side of chest. Then touch the right side of chest with thumb and hand in the same position



Let's celebrate!

National Online Safety

Register with National Online Safety, free information and top tips for parents. Weekly guides like this provided on Wake up Wednesday.

www.nationalonlinesafety.com



National Online Safety

Eid Mubarak

Check out our Twitter Page!

Please see the link below:



<https://twitter.com/ForestAppAcad/status/1392944632842133506>

Sixth form students made homemade samosas to celebrate Eid!



Eid Mubarak to Everyone from Sixth Form!

What parents need to know about TikTok

TikTok is a global video community where users create, share and discover 'funny and memorable moments' via short video clips - typically about 15 seconds long. Videos can be 'spiced up' with special effect filters, stickers, music and sound clips. Currently one of the world's most popular apps, TikTok was formerly known as Musical.ly, before it was rebranded by the Chinese company that acquired it in November 2017. If your child had previously had a Musical.ly account, all of their videos and personal settings will have automatically been moved to TikTok.

AGE RESTRICTION 13+

BEING INFLUENCED
More than one third of children aged 6-17 consider 'social media stars' to be among their top role models. There are millions of creators on TikTok, showcasing their talents, moments and knowledge from singing to dancing to stunts and comedy bits, which receive thousands of likes and comments from around the world, quickly turning people into 'stars'. There is the danger that children may develop unrealistic expectations of how they should look and behave on the app in order to become the next 'star'. They may have feelings of inadequacy and low self-esteem or become envious by certain opinions.

INAPPROPRIATE SONG LYRICS
TikTok lets users lip-synch to their favourite songs and produce their own music videos. Some of the music contains swear words or sexual themes. So not only can children be exposed to potentially inappropriate content but they can broadcast themselves singing or using these lyrics.

CONCERNING CONTENT
Some of the content and dance moves in videos can be overly sexual and provocative. There have also been reports of some users sharing concerning content, such as videos that promote anorexia, porn, self-harm and violence.

DANGEROUS TRENDS & CHALLENGES
On TikTok, there are always 'viral' challenges and hashtags that users can copy or build upon, and sometimes, these challenges can pose risks to young people.

STRANGERS CAN FOLLOW YOUR CHILDREN
If your child's profile is open, strangers can see the app to comment on your child's videos. While this isn't always sinister, it gives potential predators the ability to contact your child through the platform.

IN-APP PURCHASES
Of course, as with many apps, there's a paid element to TikTok. Users can buy virtual coins to be exchanged for real life gifts. For example, if they like a specific video, your child can use coins to purchase emojis to show approval. There can be expensive and easily purchased - there is the option to buy 10,000 coins for £97.99 with a one-click buy button.

ANYONE CAN SEE YOUR CHILD'S CREATIONS
TikTok encourages users to share their passions and creative expression through their videos and while something may seem fun at the time, videos can get in the wrong hands and cause embarrassment in the future. If posted publicly, anyone in the world can see your child's homemade music videos and potentially cause bullying online, personal friendship groups or even online.

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NOS National Online Safety

Top Tips for Parents

TALK ABOUT THE PITFALLS OF OVERSHARING
Encourage your kids to always think before they do, say, like or post anything online, explaining that their 'digital footprint' can shape their online reputation and the way that other people see them. Something they may find funny and entertaining now may impact them in the future. Talk about how to deal with peer pressure and how doing something they think will impress others could affect them.

HANDLING CRITICISM
While it's tempting to use your child's being creative and expressive and bonding with people of similar interests, they need to be aware that not everyone will be supportive online. Comments can be negative or even cruel. Make sure they know how to comment respectfully and handle negative feedback. In the app's privacy and safety settings, your child can decide who can contact to their videos, who can comment, and who can send them private chat messages. We suggest using these settings to only their friends can interact with their posts.

SIGNING UP WITH THE CORRECT AGE
When signing up to TikTok, you are prompted to input your birth date. If your child inputs their age as 'under 13' the app will not allow them to sign up and is locked for 24 hours. The app is intended for users aged 13+, so explain that the setting is there for a reason to keep them protected from online dangers. It is actually possible to watch TikTok videos without even creating an account, so it's important to check if your underage child has downloaded the app to their devices.

USE THE 'DIGITAL WELLBEING' SETTING
If you're concerned about the amount of time your child is spending on TikTok, in the app's settings, you can switch on a feature called Digital Wellbeing. This includes 'Screen Management' to limit the amount of time your child spends on the app.

SET THE ACCOUNT TO PRIVATE
This means that only people who you and your child approve of can see their creations. To make an account private, tap the three dots at the top right of the screen to access settings. Click 'Privacy and Safety'. Scroll down until you find 'Private Account' and turn this setting on.

REPORT INAPPROPRIATE CONTENT
If you think you've seen inappropriate content, you can report it. To ensure that there's no way of anyone tracking your child's location or identity, make it clear to them that they should never film a video in their school uniform or near a landmark that gives away where they live.

AVOID IDENTIFIABLE OBJECTS
To lower the risk of your child making accidental in-app purchases, teach them exactly what in-app purchases are and the risks of making them without permission. Tell them that they are not essential to enjoy the app and that if they want to make a purchase, they should always ask you beforehand. In the app's 'Digital Wellbeing' features, there is the option to disable the function of purchasing coins and sending gifts.

DISCUSS IN-APP PURCHASES
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www.nationalonlinesafety.com

Positive Points

A pupil from Aspen class has received the most amount of positive points this week, a fantastic 17! He has been working extremely hard during Maths and ASDAN. He has listened, worked well and tried extremely hard whilst following instructions.



Oak Class

Last week we studied 'Finger Spelling' for deaf awareness week. The boys learnt how to spell their first names.



Lunch Menu – Week 2

Mon	Fish Fillet Burger Vegetable Spring roll (V) Potato Dippers, Pasta Sweetcorn, Pea, Salad Iced Smoothie, Fresh fruit, Fat free yoghurt, Cheese & Crackers
Tues	Chicken Nuggets Wraps (Cheese/Tuna) (V) Wedges, Pasta Mixed Veg, Salad Blueberry Cake, Fresh Fruit, Far free yoghurt, Cheese & Crackers
Wed	Pepperoni Pizza Vegetable fingers (V) Curly Fries, Pasta Green Beans, Cauliflower. Salad Strawberry/Vanilla Mouse, Fresh Fruit, Fat free yoghurt, Cheese & Crackers
Thurs	Jerk Chicken Macc and Cheese (V) Cajun diced potatoes, Rice Peas, Carrots, Salad Pancake & strawberry sauce, Fresh fruit, Fat free yoghurt, Cheese & Crackers
Fri	Fish Fingers Sweet & Sour Stir fry (V) Oven chips, Rice Peas, Carrots, Salad Raspberry Ripple Ice cream, Fresh fruit, Fat free Yoghurt, Cheese & Crackers