

# Forest Approach News

limeacademyforestapproach.org

## Message from the Head teacher:

Hello everyone,

It's been another great week of learning both in school and at home.

Please remember that you can also check the Forest Approach website for additional resources to help you at home. There is a selection of documents available for all under the section 'Therapy Services' which I hope will be of use to you.

Stay Safe and have a lovely weekend.  
Mary Bickmore



## Message from the Deputy Head:

Dear All,

What an exciting week we've had here at Forest Approach.

We have all been learning about keeping ourselves safe when online.

I was very impressed with Thomas Noble's power point presentation. This will be shared with classes soon in an assembly. Well done everyone for your great work making internet safety posters and online learning tips.

Stay at home and Stay Safe,  
Laura Clements



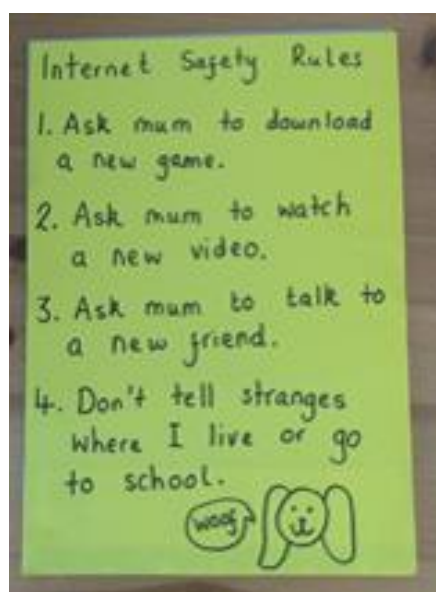
## Elder Class

This week in school Elder have been working on healthy eating and how to keep ourselves healthy. We have been looking at different foods that we should eat a lot of and those that we should not eat often. We have also enjoyed doing some Joe Wicks exercises to keep ourselves healthy.



## Internet Safety Linden Zoom Class

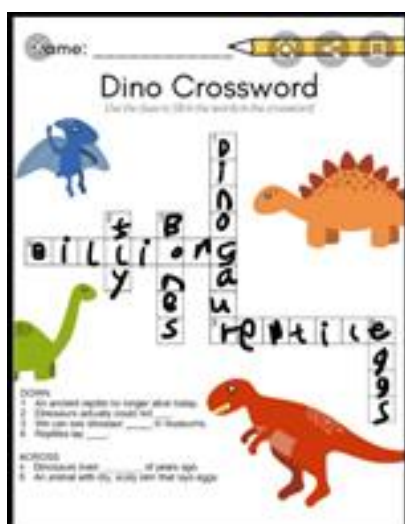
This week we have been reading the story, Buddy's Internet Safety Story. Today we created a poster to help us remember the rules. These are the rules the children came up with!



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## Rowan Class

This week Rowan class has been learning about Dinosaurs in their online lessons. Completing crosswords and matching names to pictures. Very impressive!



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## Digital Parenting Magazine

The Vodafone Digital Parenting Magazine has been a brilliant resource since it launched it back in 2012, with over 8.4 million copies distributed, many we know handed out by Havering schools.

The 2021 edition has been published.

<https://www.flipsnack.com/FA7569CC5A8/digital-parenting-by-vodafone-2021-edition/full-view.html>

This edition has a spotlight on

- online mental health resources
- parental safety features
- how to help children build vital digital skills for the future.

Please click the above link to view the 2021 edition for free.

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## Makaton 'Sign of the Week'

This week's sign of the week is... Internet Safety!  
Check out our website for Sam's Makaton clips



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## Training

This week our fantastic SALT held training for parents and teachers on PECS. This was very informative and helpful to those that attended.



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## Para Sports

Offering a FREE 10 week Virtual Para Sport Fitness session for children and young people with disabilities (S.E.N.D).

A fun zoom fitness activity for **all the family to enjoy** with our very experienced fantastic coach Sheila.

Starting Now!

This looks like a fantastic opportunity to take part in some fun Sport virtually, join in and tell your teacher all about it, we love to hear your news.



5+ Years

For individuals with S.E.N.D

# VIRTUAL PARA SPORTS

Family fun fitness live with our fantastic coach Sheila

Thursdays @ 5pm

To register go to [www.haveringactive.co.uk](http://www.haveringactive.co.uk)