

# Forest Approach **News**

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## Message from the Head teacher:

Dear Parents / Carers

We hope that you and your families continue to remain safe and well during this pandemic.

Last week saw an announcement from the Government that schools should plan to re-open from June 1<sup>st</sup>. A letter has been sent to you regarding this and we hope that you have had an opportunity to read it through. The letter is also on the schools website, where we continue to add updates. Please check the website and Parentmail regularly.

Next week is half term and we hope that you enjoy yourselves and remain safe.

Stay Home, Stay Safe

Kind Regards,

Mary Bickmore



Mary Bickmore

School remains closed. Please continue to check our website and social media for daily updates

## VE Day - 8th May 2020

We hope you all had a lovely day on Sunday, celebrating VE day and enjoying your front garden picnics. Some of you may have even seen the RAF flyover, a brilliant way to mark the day!



## M.E. Awareness Week 7-13th May 2020



Supported by the UK organization Action For M.E., M.E. Awareness Week seeks to raise awareness about M.E.

The term M.E. is often used interchangeably or alongside the term Chronic Fatigue Syndrome (CFS). However, there is debate as to whether these terms should be used together or separately.

## Thank a Teacher Day 20th May 2020

We are seeing a new appreciation for our teachers and Thank a Teacher Day was on 20th May.



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## Mental Health Awareness Week

**18th-24th May**

Mental Health Awareness week is an annual week-long event organised by the Mental Health Foundation, which aims to support communities, families and individuals in driving change towards a mentally healthy society for all. It was first held in 2001 and aims to raise awareness of particular issues by focusing on a different theme each year. The theme of Mental Health Awareness Week was supposed to be sleep and they then changed this year to Kindness. I am sure that the current Pandemic has had an influence on the theme as kindness to all is very important at this time. Kindness strengthens relationships, develops community and deepens solidarity.



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## Clap for the NHS and Key Workers

Every Thursday at 8pm, people all over the country have been clapping for the NHS and key workers. We are grateful for all the work that our NHS staff are doing to keep us all safe and to help us get back to our normal way of life. We are also grateful to all the essential workers, who are working hard every day to help keep the country running. Thank you!

